

CICADA BUZZ

SAMBA PERCUSSION WORKSHOP BBQ DAY 18TH AUGUST 2019

Tom the Pom had the crowd participating in some lively Latin beats at CICADA's Samba percussion workshop on 18th August. The idea behind it was to release any uncertainty about one's own musical ability and just have a go and enjoy the experience!!

Tom brought a range of instruments:

Surdos (big drums),
Tamborims (Small drums)
Djembes (hand drums)
Ganzas (shakers) and
Agogo bells.

Tom divided the crowd into 5 groups and after playing the first rhythm on one instrument, rotated each group along to the next instrument, so everyone had an opportunity to play a different rhythm on each of the instruments. We got a pretty good beat going by the end and Tom introduced some breaks to jazz it up and challenge us!!



This was a fun musical experience for all who participated and though it may have sounded a bit messy at times, I think we captured the essence of the beat.

About 60 people attended the BBQ day and enjoyed the sausage sizzle and chat afterwards.

We had some visitors from Japan, Hiroko and her daughters who came from Osaka to meet some Australian CI recipients and to experience Australian culture. They were also here to see different teaching methods and auditory habilitation for deaf children with CI's.



Sakura, Hiroko and An

Congratulations Sheliya Van Buggenum

Northern Rivers Adult Volunteer of the Year

The 2019 Northern Rivers Adult Volunteer of the Year is Sheliya Van Buggenum from Wollongbar who volunteers with the Royal Institute for Deaf & Blind Children.

As an adult with significant hearing loss, the Northern Rivers 2019 Adult Volunteer of the Year Sheliya Van Buggenum knew the impact she could make assisting people adjusting to new technology that helps restore hearing after years of impairment. She volunteers at the Royal Institute for Deaf and Blind Children's Auditory Training Suite in Lismore, where she focuses her support on adults who have recently received a Cochlear Implant.

These adults often require greater support to adjust to their new hearing, including learning or re-learning language skills, help with digital aids, and the support and confidence to take on this new challenge later in life.

Sheliya also organises and facilitates the Northern Rivers CICADA support group.



Mayor Robert Mustow from the Richmond Valley Council (L) and Mayor Isaac Smith, City Of Lismore Council

NRMA

NRMA have accessible services for the hearing impaired who cannot hear well enough on the phone to communicate with call centre operators.

For Membership services and/or roadside assistance if your car breaks down, you can send SMS message to NRMA on 0437 131 111 and they will respond to your message in a timely manner and arrange the required services.

State CICADA Associations

New South Wales

CICADA AUSTRALIA INC.
Secretary: Judy Cassell
PO Box 5028
South Turramurra NSW 2074
Email: jcassell6@bigpond.com

Queensland

CICADA QUEENSLAND
Secretary: Shirley Edwards
Email: info@cicadaqld.com.au

Shirley Edwards: shirley@hotchipz.com
Penny Phillips: pennyphillips1@bigpond.com

South Australia

CICADA SOUTH AUSTRALIA
Email: contact@sacic.com.au
Ph: 08 8379 4500 (Nina)

Western Australia

CICADA CLUB W.A. INC.
Chairperson: Edna Chapman
Email: eknit57@hotmail.com
Ph: 9401 8164

Treasurer: Ted Ivey
Email: ted2laura@gmail.com
Ph: (08) 9371 5650

Secretary: Jane Humby
Email: legend.26@bigpond.com
Phone: 9733 2447

Northern Territory

CICADA DARWIN
Coordinator Chris Blackham-Davison
Email: Deafncrazy@gmail.com
SMS: 0427 897 170

Canberra

For information contact
Glenn Vermeulen: glenn.vermeulen@gmail.com
SMS: 0427 897 170

Hook Up Online And Share Your News

Please visit us at www.cicada.org.au
Or our Facebook page Cicada Australia Inc.

Darwin friends now have their own
Facebook page Cicada Northern Territory

Donations over \$2 to CICADA are
tax-deductible.

If you would prefer to receive this
newsletter by email, please send your
details to suewalters@cicada.org.au

Presidents Report

October 2019



I read an article recently about Deaf Anxiety, which certainly can be a very real experience for many of us living with hearing loss. There are always going to be challenges in conversation, though the more anxious you feel, the more difficult it will be to follow the conversation. It's a bit of a Catch-22 I know.... I receive a lot of feedback from recipients and listening fatigue is also one of the key things that people mention.

However, there is a lot more openness about disability or "differences" in society today....Definitely a lot more conversations about mental health, depression, anxiety, so it's not just hearing loss, there are many issues that people are struggling with, but TALKING about them is one thing we can all do to help ourselves.

It is important to tell people about your hearing and help them to understand just what it is like for you. From a personal perspective too, some days your best is better than others, so don't be too hard on yourself if you've had one of those days where you feel disappointed in your "performance".

The CI has made enormous contributions to the welfare and quality of life for many deaf people and having just celebrated 35 years with an implant (that is the 22-channel implant, working every day for 35 years!!) I still marvel at how it connected me to life again. I still feel it is a miracle and while there are times when I feel a bit out of things, I try not to dwell on those. There are lots of people out there with perfectly good natural hearing who don't use it very well!!
Advances are made all the time to improve quality of sound, with Bluetooth

streaming being one of the more recent best. Try listening to podcasts or music on your phone if you don't already, to practice your auditory training at home or on the go. Re-visit some of the auditory rehabilitation tips from our CICADA workshop in May, you can watch it on this link from your computer or phone....and it has captions:

<https://vimeopro.com/pascoeberry/cicada-live>

Our next BBQ day presentation from **Andrew Stewart** on 10th November will also be live-streamed and you can watch it on the same link as above, either live on the day, or go back to it and watch with captions to learn about Hearing Connections and how to connect better to your world. Above all, tell people about your implant and help them to understand hearing loss and how an implant works in real life. 1 in 6 is the current figure for people who have hearing loss and this is steadily rising, so the more we talk about it, the better it is for all.

CICADA Australia Inc.

Thanks to all of you who have so generously supported our annual raffle, or have given donations in lieu

In particular, thanks to **Max Lindsay** of Loxford with his brilliant effort of selling 500 raffle tickets worth **\$1,000**. Thanks Max, you're a star.

Below are the dates for CICADA functions for 2020. Put them on your calendar now, so you don't miss out on them.

MORNING TEAS

Held on the first Thursday of the month at Gladesville from 10.30 to midday

6th February	5th March
2nd April	7th May
4th June	2nd July
6th August	3rd September
1st October	

BBQs and Guest Speaker/s

Sundays at Gladesville from 11 am to 3pm

23rd February – International Cochlear Implant Day Celebration
17th May 16th August
15th November - AGM

Harry Kimble Opening a page on club's history

Innerwestcourier.com.au

Tuesday, 16th July 2019

AS one of the oldest members of West Harbour Rugby Club, I was approached to write a detailed history of the club's 120 years of existence in Sydney's premier rugby competition. This was because facts were being lost in the mists of time and the club wanted the history preserved.

I wrote the book in a personal manner. Les Wickham, a 1900 original, married into the Kimble family. My father, Frank, played for the club in the 1930s and 40s. I began as a ball boy in 1952, played for them and became an official later. Also, two of my grandsons and two nephews were club players.

West Harbour Rugby began as Western Suburbs Rugby Club in 1900 to enter the inaugural Sydney District Rugby Competition. The club's area was from Summer Hill to Rooty Hill and from the Hawkesbury River to the Woronora River.

The club won its first premiership in 1902. Club colours were mainly light blue and white. When Rugby resumed after WW1, Frank Herlihy became club secretary and recruited several top players, including Tom (Iron Guts) Davis as captain/coach, Wallaby Larry Wogan and Charlie Rea. The club changed its colours to black and white. The results finally paid off, when in 1929, Wests again took the premiership. Unfortunately, it was also the last.

To learn more about the club's history, order the book. Contact Harry Kimble at harron@exemail.com.au

Harry is a CI implantee and member of CICADA.



Harry Kimble and Sue Walters at the August Morning tea

Cap Tel to be Scrapped

Email from Joe Stewart

Last time we met, during a consultation with you, I mentioned that the provisions of the National Relay Service (NRS) was under review and that the current government was pursuing a policy to cap expenditure for the NRS at \$22 million. The rationale behind curtailing expenditure was that costs in providing the NRS had increased to about \$28 million, perhaps more. Moving on to current times, the concern I had about how expenditure would be reduced and thus services being restricted has become a reality; yes indeed, the provision of the CapTel service through the NRS is to be scrapped.

To me, and to thousands of other deaf people like me, the decision to discontinue the CapTel is at best ludicrous. I won't go into the very sound reasons why the deaf community are outraged at this decision because, the arguments opposing it are better expressed in many on-line services that support the deaf.

What I ask you to do, is to support the campaign "Save CapTel captioned phones for hard of hearing" by signing the petition at the following web site address:

<https://www.change.org/p/communications-minister-paul-fletcher-mp-save-captel-captioned-phones-for-hard-of-hearing>

Thank you for any support you might be able to give.

**From Steve Williams
Chief Executive
Deafness Forum of Australia**

The complicated story of CapTel was under the spotlight at a hearing in the Commonwealth Parliament.

An estimated 4 thousand people with hearing and speech difficulties throughout Australia will lose their CapTel phone service next year.

A Senates Estimate hearing on 21 October

2019 asked questions of the senior officers at the Department of Communications involved in negotiations with the CapTel license-holder and the soon-to-be-replaced deliverer of the National Relay Service (of which CapTel is a service offering).

A transcript of the questions & answers relating to CapTel is available to read and download: [CapTel issue -- Senate Estimates Hearing extract 21Oct2019](#)

Background

The Commonwealth Government has awarded U.S. company Concentrix Services the contract to deliver the National Relay Service (NRS). As part of the contract, the CapTel handset service will be axed on 1 February 2020 throughout Australia.

More on Cap Tel

From John Nakulski at john@konnekt.com.au

Hi,
I think we can help your members. As you know, CapTel captioning will stop working on 1 Feb 2020.

Konnekt can help.

1. 1. How to use Skype with captioning on any device (easy step-by-step guide): <https://www.konnekt.com.au/captioning-service-replacement/>

or

2. 2. We can help you with a Konnekt Captioning Phone. Click here: <https://www.konnekt.com.au/captioning-video-phone/>

You can chat online with Konnekt during their business hours. Use the blue chat icon on the bottom-right of their web pages.



COLIN ALLEN INAUGURAL LECTURE

Mr Colin Allen AM, served as President of the **World Federation of the Deaf 2011 – 2019** and occupied the Chair of the **International Disability Alliance (IDA) 2016 – 2018**. In these roles, Colin helped to guide and represent WFD and IDA's engagement with the United Nations and other international human rights and development organisations. Colin was awarded the Member of the Order of Australia Medal in 2018 Queen's Birthday Honours for *'significant service to people who are deaf or hard of hearing through national and international leadership and advocacy roles.'*

Colin is fluent in several sign languages as well as his native Auslan (Australian Sign Language) and actively promotes recognition of the sign language and the Deaf Community.

Deaf Australia established **The Colin Allen AM Lecture**, which will be held annually, to highlight themes that are significant to the Deaf Community:

- Human Rights for deaf people and their families
- Sign Language rights
- International development and cooperation of deaf communities
- Deaf Theatre
- LGBTQIA+ issues



Julie Ligeti, Sue Walters, Colin Allen, Stephanie Harries, Monica Bray, Kate Obermayer and Alex Norris

Guests gathered at the Warrane Theatre at the Museum of Sydney, Friday evening, 25th October 2019 for a very pleasant evening to listen to Colin's presentation in Auslan, about his life as an advocate for the signing deaf and the work he has done to inspire deaf communities across the world. Colin attended the North Rocks School and spoke fondly of mentors in his life who encouraged him to represent his peers. Colin promotes his dream of bilingual societies, where sign language is taught alongside the spoken language. Thanks to Deaf Australia for initiating this event to honour Colin Allen.

If you would like to know more about learning Auslan, look at these websites for information: <https://deafaustalia.org.au/> or <https://deafsociety.org.au/>

Is Technology Killing Sign Language (And Does It Matter)?

Sept 2019 10 Daily

With advanced hearing aids, wearable technology and even mind-reading devices, the number of native sign language users is declining. But this might not spell the end for signing. More than one million people in Australia live with some form of hearing loss, yet National Disability Practitioners estimate that only around 20,000 people use Australian Sign Language (Auslan).

Hearing technology is advancing rapidly, which is fortunate because so is hearing loss rates, with one in four Australians expected to experience this by 2050. Just this week new software was launched that allows hearing aid users to stream sound from an Android phone directly to their hearing device for the first time.

Direct streaming of sound from Android phones to a hearing device is now possible

However, all this technology is directed

towards people who have some residual hearing as opposed to those who have total hearing loss. People like Anabelle Beasley, Secretary of Deaf Youth Australia. "I am profoundly deaf, I'm a native Auslan user and I don't speak." While she finds her community embraces technology including FaceTime, Voice To Text and captioning, it doesn't replace an entire language. "Some individuals can speak fluently, while there are others who cannot speak at all, which leads us to rely on sign language for total communication.



Anabelle Beasley (second from left) with the board of Deaf Youth Australia

Alternatives to signing include hearing aids and implants, writing, speaking,

technological communication devices and lip reading. Learning sign language at an early age can improve educational outcomes in English skills, accelerate important development traits and help establish identity.

Ultimately, it's about the hearing impaired person having choices, and that could be using a combination of sign language and technology. "Very soon it's possible that a video camera will be able to convert sign language into text, and that text into speech."



Bose Hearphones aim to improve hearing in loud spaces

Vale

Gladys Emerson 1928 - 2019

Gladys was an early CICADA member and she served on the CICADA Committee as its first secretary for 5 or 6 years from 1985 and again in the early 2000's as its Public Officer, travelling from Kiama to attend the evening meetings. She also served as the editor of the Cicada Buzz for a number of years. In 2006, Gladys wrote the CICADA AUSTRALIA INC, REHABILITATION HELPER TRAINING MANUAL. Over her lifetime, Gladys contributed considerably to the hearing impaired community.



In 2002 Gladys wrote: -

Admittedly, I did delay having the implant for as long as I could knowing that the implant would improve in both techniques and results while I was going the other way. I was well aware that the implant was getting closer, even before the Tillier's syndrome (a type of Meniere's) finished off the hearing I had left. My voice was changing and I was losing control of the volume. The vertigo turns finally made the implant inevitable. I can only say that I am pleased to have had the benefits of the practice Bill (Prof Gibson) had on people like myself

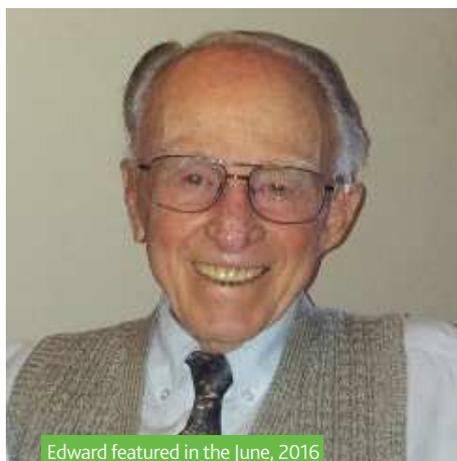
I had actually been in touch with Professor Clark in the very late 1970's. I had a sister-in-law in the Health Commission and she brought the information home to me so I wrote off to Melbourne immediately and then had to send my doctor's report etc, even though they were only doing Melbourne people At that stage I was getting good results from my hearing aid so I did have a bit to lose. If I had not had that little bit of hearing to lose I would have had it immediately and ASAP because I have always had total faith in the implant.

Gladys was 91 when she passed away in September.

Edward Roberts 1920 - 2019

Edward was born in Wales, arriving in Australia at the age of 15. He lost his hearing at the age of 24 and depended on hearing aids and lip reading until May 2011 when he suddenly lost hearing completely.

After his October 2011 implant, he made rapid progress and was talking on the phone within 6 months. A worker in the steel mills at Newcastle and an amateur boxer, winning the Fly weight Championship of Australia in 1939, Edward was also involved in ministry with the Baptist church in Islington, Newcastle and later in Sydney. He also worked for the Australian Gas Company for a number of years



Edward featured in the June, 2016 issue of the CICADA Buzz

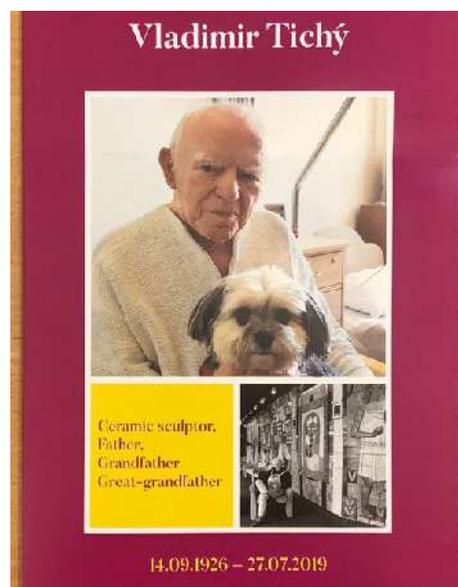
VLADIMIR TICHY 1926 - 2019

We say farewell to implant recipient Vladimir Tichy who passed away at the age of 92 in July this year. Mr Tichy was a very well known ceramic sculptor, whose large works of art are installed in locations across Australia. He was born in Prague, Czechoslovakia in 1926 where he studied art at the University of Fine and Applied Art. He came to Australia in 1968 after the Russian invasion of Czechoslovakia and opened a ceramic architectural studio, called Dybka Tichy in Parramatta. Many of his large public ceramic murals are still in place today.

Just a few of these are:

- * the entrance to Newton's Pharmacy in York ST Sydney opposite the QVB
- * mural on the wall of the stairs to Museum station from Bathurst St Sydney
- * the foyer of 28 Foveux St Surry Hills, Macleay College building
- * St Paul's Catholic Church in Albion Park near Wollongong

For more information, see <http://vladimirtichy.com/about/>

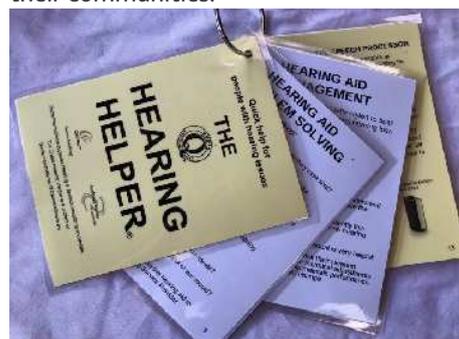


We extend our sincere sympathy to the family and friends of Gladys, Edward and Vladimir.

QUOTA CLUB HEARING HELPER

QUOTA International of Campbelltown Inc launched their updated version of the HEARING HELPER on Wednesday 23rd October 2019 at the Campbelltown Civic Centre.

Pat Fulton, hearing coach from Bowral initiated the project and this handy reference developed by the Quota members is a community project in support of 1 in 6 Australians with a hearing loss. Quota International Clubs worldwide support hearing and speech programs in their communities.



The HEARING HELPER is a set of laminated information sheets with guidelines on how to best communicate with someone who has a hearing loss, general information about managing hearing aids and cochlear implant sound processors. It is designed to hang on a hook in a prominent place. Complimentary copies have been distributed to aged care facilities, adult day care centres, waiting rooms in medical centres, hospital wards, health centres, retirement villages amongst others.

IF you would like a copy to place somewhere in your community, where you think it would be useful, please contact

Pat Fulton Ph: 0409 907 543
Pathearingcoach1@gmail.com

LE PENG'S FACEBOOK BLOG

Cochlear Implant Project

LE PENG TEE from Malaysia is interviewing young CI recipients all over the world and sharing what it's like to live with CI and how to overcome some of the more invisible barriers that are not seen or thought of by the general population (and other CI's).

Le Peng's message:

"Cochlear Implant (CI) Project aims to uncover the most subtle social obstacles experienced by CI recipients. A CI recipient myself, I've come to realize that social obstacles can overshadow the great talents and personality we have. I believe connecting with fellow CI recipients and reading each other's stories fosters a collective consciousness that communicating our needs and seeking support are amazing acts of ownership. Besides, there is a private Facebook group where readers and the individuals featured in the stories can fellowship and connect. The stories are on the blog.

Cochlear Implant (CI) surgery is only a fraction of a CI journey. The technological miracle of CI does not solve the sociological and psychological mystery that come with it. CI Project aims to uncover the most subtle social obstacles commonly experienced by CI recipients and share the stories on a blog.

The first blog series covers four CI recipients:

1. Alana Nichols: Award-winning travel host who is also an advocate for the hearing loss community
2. Karina Cotran: Published a book on her CI journey and runs a blog chronicling her journey
3. David Romanowski: One of the first Australian child recipients and a long-time mentor to deaf and hard of hearing teenagers in Sydney
4. Lionel Heng: Lab Director at Singapore's largest defense R&D organisation and married with three kids

The stories are at ciproject.org and you can join the CI Project Facebook group at <https://www.facebook.com/groups/ciproject.org/>

Are you an NDIS participant? Have your say....

Cochlear is collecting information about the experience of cochlear implant recipients with the National Disability Insurance Scheme. Sharing your feedback is easy – simply go to the link below. Thank you for your consideration and please spread the word.

<https://www.surveymonkey.com/r/CochlearNDISSurvey>



HFY & TALENT RISE DESIGN & TECH WORKSHOP #2 (CV & RESUME)

Workshop 2: Best practice for job applications of the future, How to use Social Media, Cover letter, CV & Portfolio, help and refining

This workshop will be all about all the practical steps you can take to ensure the best possible preparation for your future job applications. It will discuss how looking for and securing work is changing, the power of social media and the creation of effective cover letters, building your CVs, case studies or portfolios. If you have any existing CVs and portfolios, we will be able to help you refine them. If you don't have any, this workshop will help you get started!

SAT NOVEMBER 16TH, 2019 •

10AM-2PM

Tank Stream Labs
Sydney StartUp Hub
11-31 York Street
Sydney, NSW 2000

Tickets at:

[https://hfytalentrisedesigntechworkshop2
repeat.eventbrite.com.au](https://hfytalentrisedesigntechworkshop2.repeat.eventbrite.com.au)

Interpreters/Live captioning/Soundfield system/Wheelchair-accessible

Support Groups

Illawarra

**Sunday 1st December
Windang Picnic Parks
Xmas Party**

For further details contact

David Romanowski. Mobile: 0432 715 691

Email: dr930@uowmail.edu.au

Can You Help?

CICADA Illawarra need some help from people willing to take on organisational roles for the group. **David Romanowski** has been coordinating the group for this last couple of years and I thank him for his great efforts. However, due to other commitments David needs some volunteers who can help lead this group going forward into 2020.

It's possible that the events will not be as frequent, possibly 4 BBQ days per year and if you have suggestions regarding venues that are suitable, please do put them forward. The picnics in the park are enjoyable, though the weather sometimes interferes!

It may be best to consider just asking everyone to bring a plate (as they often do) rather than cook a BBQ. This makes it easy.

Please contact:

Sue Walters sue.walters@scic.org.au or
David Romanowski – see above.

Newcastle and Hunter Valley

Meetings continue to be held on the **second Wednesday** of **EVEN** months.

**The last meeting for the
year will be held on
11th December**

For Information contact

Moirav Havard - moirak@bigpond.com

Alison Gron - 4926 8100

Northern Rivers



For further information contact:- **Sheliya Van Buggenum** - sheliyavan@yahoo.com or
Phone or Text 0422524284 OR Phone **Lismore SCIC Office** on 1300 658 981

Taree-Port Macquarie

For information and details of the groups activities please contact: - **Robyn Herps** -
robynherps@westnet.com.au Phone SMS 0428 688 612.

Western Sydney

We continue to gather in the upstairs Café area of Penrith RSL, Tindale Street and are currently trying for access to a room that will be quieter with better acoustics for the hearing impaired. There is plenty of street parking available, including for the disabled, with lifts or escalator to the upstairs area. 10am start. On the first Tuesday of the month.

For further details contact

Sean Sewell on Mobile SMS only
041 5205 877

Judy Tutty - Co-coordinator
043 704 9452

Hear Hear for the Taree Quota Club

Sept 2019 Manning River Times



Creatives behind video: Jake Davey, Quotarian Carolyn Erickson and Kyle Shilling

Taree Quota Club members and guests were impressed by the content, music, impact and vibrancy of the music video clip Listen Up, Turn It Down, during its debut screening. The song is aimed at young people and to draw attention to hearing loss amongst kids and teenagers, and that hearing damage caused by loud noise is completely preventable. The words were written by Quotarian Carolyn Erickson, and produced by local artist Jake Davey and local rapper Kyle Shilling. "We all know that hearing loss doesn't discriminate based on age, and when it comes to hearing loss, children and teenagers face particular challenges that are unique to them," Taree Quota Club president Nancy Boyling said to those who attended the launch. She added that lifestyle is certainly a factor in the increasing rates of hearing loss among young people. "A daily barrage of loud video games, mp3 players cranked to full volume, concerts, sporting events, movie theatres all deliver an unprecedented assault on the hearing of our children and teens. With increasing rates of hearing loss comes academic challenges, a growing problem for young people. Kids and teens with hearing loss are at risk academically if their hearing loss is left untreated. For older teens, job and career choices can be heavily influenced by hearing loss. Studies have shown young people with hearing loss are often more limited in their vocational choices due to perceived barriers. In teens the most common cause of hearing loss is excessive noise exposure, which is completely preventable."



Launch: Nancy Boyling, Denise Zarb, Robyn Herps, Sonya Payton and Meaghan Payton, Annette Gleeson, Maree Cheney and Belinda Perrin, Leanne Kelly and David Kelly

Quota International has worked in the area of hearing health for more than 70 years. Through efforts at local, regional, national and international levels Quota has impacted the lives of countless people with impaired hearing. Nancy thanked member for Myall Lakes Steven Bromhead for making the production of the video possible through a grant from the State Government. The audience then heard from Robyn Herps about her journey. Robyn is an itinerant Support Teacher - Hearing with the Department of Education and herself a cochlear implant recipient. Parents of hearing impaired children also addressed the crowd, discussing the impact that living with a child with hearing loss has on the family unit, and how Quota has helped each family by subsidising their child to attend the annual Deaf Camp. The camp is an opportunity for the child to live separate from the family for one week, returning home more independent and self-assured having gained new skills, and increased confidence. They each thanked the Quota Club for their financial assistance. Jake Davey and Kyle Shilling then took to the stage and entertained the audience, before discussing their involvement and positive experience in the recording and production of the video. The video, which is vibrant, colourful, and catchy with a message that cannot be ignored, was then screened for the first time.